

Spring 2009 Volunteer Program Changes

Overview

As of June 2009, Global Creek is introducing a new phase of our volunteer work-exchange program, one that is expanded and modified. The first and most significant change is that our work-exchange program will now become the focus of our operations here at the retreat centre, at all times when no private retreats are booked. In the past we have based and altered our program around other retreat and guest activities, but our volunteer program has grown to the level where it can now become our daily focus. This means more space and liberties for our volunteers and a higher level of accommodation, now occupying potentially the entire retreat space. More resources and aide will be available to our volunteers and their projects, and more volunteers will be able to co-accomplish. More tours, trips, learning and exploration outings will now take place, visiting farms, communities, reservations, beaches, waterfalls and local sights. A greater connection to the community, with time dedicated weekly to helping-out with other local causes and efforts. And more time for ourselves too, with lessened project requirements and more free time to relax, enjoy the jungle, enjoy the retreat, enjoy the area, enjoy life!

What's Different?

- Less time required to be working on our projects
 - Now a minimum of only 20-hours of combined project and on-the-grounds work, instead of the previous 30
- Dedicated weekly time to assisting in other external area projects
 - 5-hours per week of community volunteer time
- Weekly trips to various sights, projects and destinations throughout the local area
- Opt-in yoga classes, with schedules tailored to current volunteer preferences
- More personal / social options with later evening activities and moderate alcohol consumption now permitted in/around Casa Corazon
- More comfortable, spacious and expanded stay options, with volunteers now spanning multiple structures and all of the grounds
- A new cost and stay-requirement schedule, now multi-tiered with multiple options:
 - \$17/day for volunteers in our standard full six-week+ work-exchange program
 - *\$15/day for students unable to afford the higher rate*
 - \$19/day for those in our 2-week minimum short-stay option
 - \$2/day additional for those partaking in our professionally-led yoga classes
 - \$22/day option for those unable to commit to a 2-week minimum stay
 - All new deluxe-stay option with upgraded accommodations, more luxury, space, privacy and comfort for an additional \$8/day

***For our new program launch month of June,
an introductory rate of only \$15/day applies to all!***